

# Heretaunga Seniors

Newsletter Number Three

September 2016



Community Day - where  
we share fun, friendship  
music & good food

"A nation's greatness is measured by how it treats its  
most vulnerable members - the young and the elderly"  
- Mahatma Ghandi



Ira & Pinia - two wahine toa who  
warmed our hearts & our centre  
with their music and their wairua

## COORDINATOR'S MESSAGE

WELCOME to our third quarterly newsletter for 2016. With two thirds of 2016 behind us, we are looking forward to throwing off the cold chills of Winter & moving into warmer Spring weather. This quarterly newsletter is one way in which we try to showcase what we do as well as acknowledge the support of the wider community, especially our funders, sponsors, volunteers and entertainers. There is so much good-will that goes into making a centre for the elderly survive and thrive and truly 'come alive' each week. While we couldn't manage without this combined energy & support, it is also to our resilient & inspirational older people that we must pay tribute! Week after week they overcome the obstacles of failing health, decreased mobility and the general challenges of ageing to remind us all how important it is to come together and live every day to the full.



Communities  
Thriving

anglican care | waiapu

Heretaunga Seniors



Sandra Hazelhurst & Louise Stettner joined us for a classic hot meal on 27 July – a golden opportunity for us to publicly thank the Hastings District Council for their support of our 2016–17 hot meal programme.



**HASTINGS**  
DISTRICT COUNCIL

**HERETAUNGA SENIORS**

Thanks the Hastings District Council  
Sponsors of our 2016-17  
**Hot Meal Programme**



Councillor Sandra Hazelhurst sharing a meal with her lovely Mum, Velma and other members of Heretaunga Seniors



## Volunteers' mid-winter mystery outing



*Tony - enjoying a change  
from driving the vans!*



*Watch out...  
Deb's behind the wheel*



A great place to visit - full of history & charm

On 29 July we took 27 of our volunteers for a mystery midwinter outing to thank them for their many hours of dedicated service. First stop was Hooters at Pandora in Napier - a hidden gem that was a great hit, especially since we were able get 'up close and personal' with the wonderful array of classic and vintage cars. Big thanks to Ana Brock-Jest for making us all so welcome!





## VOLUNTEERS CELEBRATION



### VOLUNTEER LUNCH MEETINGS

Six times a year we gather our volunteers together for training and planning meetings.

We also take them out for an annual mid-winter celebration. These photos show some of the fun and team-building that we shared with our visit to 'Hooters' and meal at the 'Thirsty Whale' afterwards.



WE ARE ALWAYS KEEN TO RECRUIT NEW VOLUNTEERS SO IF YOU HAVE SOME TIME & ENERGY AND ARE LOOKING FOR A PLACE TO SHARE SOME OF YOUR SKILLS & GAIN A REAL SENSE OF SATISFACTION WE'D BE KEEN TO HEAR FROM YOU!

Ph: 870 7025

*Patience, compassion, & a sense of humour are all that's needed!*







Richard, another of our volunteer drivers, in his element



Tom, Anne, Mihi and Lyn all set to go for a spin!



**GWEN  
MALDEN  
TRUST**

## ONE OF MONTHLY OUTINGS

A big thank you to the Gwen Malden Charitable Trust whose generous donation has enabled us to continue to provide van outings for approximately 20 of our members every month.



*Picnic at Cornwall Park ...*



*... followed by Lunch at Jarks*



# Quiz Night



Raffles  
Spot Prizes  
Supper

**WHEN:** Friday 30 September - 7.00 pm

**WHERE:** St Martin's Hall

1120 Willowpark Road Nth, Hastings

(Next to Mayfair School)

**WHAT TO BRING:** - BYO drinks

extra \$\$\$ for raffles etc.

Entry fee (pay on night) - \$10 per person

Pre-booking of tables is advisable - 8 people per table

Bookings: ph: 870 7025 or email: [hseniors@acw.org.nz](mailto:hseniors@acw.org.nz)

(nibbles & supper provided)

All proceeds in support of Heretaunga Seniors

**PLEASE SUPPORT US!**

Our Annual Quiz night - one of our key fundraisers is coming up on Friday 30 September. We are keen to hear from anyone who wants to come along on the night to support us and enjoy a fun evening. If you cannot come that night, but would still be willing to make a \$5 or \$10 donation towards prizes etc we would really welcome your contribution. We are taking bookings for Tables of 6 - 8 people but even if you don't have a group of that number, please register your interest as we often have individuals or small groups who want to join up to make a full table.

**WE CAN GUARANTEE A FUN NIGHT & A SCRUMPTIOUS SUPPER!**

## Our Staff Team



*Marilyn Scott  
Centre Coordinator*



*Linda Kidd  
Pastoral Care Coordinator*



*Ngair MacDonal  
Kitchen Coordinator*

## WHO ARE WE – WHAT DO WE OFFER?

We are a community centre for older people and have been operating in the wider Hastings community for over 20 years. We provide activities from Monday to Thursday and outreach services to older people living in their own homes. Our programmes include:

- KEEP FIT – Therapeutic Exercises
- CRAFT GROUP / '500 Card Club'
- 'DIGITAL SENIORS' – a computer course for beginners with 1:1 tuition & an internet hub
- COMMUNITY DAY including musical entertainment, guest speakers, produce, raffles, quizzes, two-course meal etc.
- GAMES DAY with indoor bowls, housie, board & card games – eg crib, 500, rummikub skip bo and scrabble etc.
- MEALS – on-site and take away

Twice a week we provide a nutritious two-course meal, cooked on site and we also offer frozen meals & soups to take away.

- VAN OUTINGS – Once a month we have an outing to a place of interest – usually also including a meal out. (3rd Tues of month)
- FOOT CLINIC. (3rd Wed of month)
- We have a book & DVD Library & also offer transport to all our activities for a small fee.

**We are a warm, welcoming fun-loving community ... come & visit us!**

1120 Willowpark Road North, Mayfair, Hastings 4122

ph 870 7025 // email: [hseniors @acw.org.nz](mailto:hseniors@acw.org.nz) // website: [hseniors.org.nz](http://hseniors.org.nz)



## SPECIAL THANKS TO OUR 2016 - 17 FUNDERS

Without the financial assistance of the following funders & charitable trusts we would struggle to survive. We give our sincere thanks to them all for their much-valued sponsorship and support.



Helping Fund a better community



Springhill Charitable Trust  
& Frimley Foundation



Higgins Bequest Trust



GWEN  
MALDEN  
TRUST



### ONE OF OUR JEWELS IN THE CROWN



Raj is one of the amazing volunteer tutors who comes to our Digital Seniors programme each Tuesday to assist any Seniors who come along wanting to improve their computer literacy.

Not surprisingly, Raj who has recently completed his accounting degree at EIT was one of the finalists in the 'Best Asian Tertiary Student' Competition – a tribute to his talent and all-round skills.

Having young people like Raj and his friend Rahul who have the mix of skills, charm and, most of all, the patience to work with an older generation of learners has been a real gift for our community!

